

NEWSLETTER



Kiana Paiaina, Kailele Paiaina, Deneen McNicoll, and Lehua Heine (l-r) enjoying the new Sand Island Pool.

Welcome Back!

It was great to see so many of you on March 22nd as Healani kicked off our new year with club registration and clean up of our practice site at Sand Island. There are so many things that need to be done as the season starts, so if any of you would like to help out, please let any of the board members know. You are all welcome to the Club's next board meeting scheduled for April 20, 2009. See details under announcements to the right.

www.gohealanigo.org

For those of you who didn't know, Healani Canoe Club has our own website. Web Master, **Cameron Ahana**, has done an excellent job creating and maintaining our website. Since the website is one way for you to stay informed on everything happening at Healani, you should check it out. The website has a calendar with all club practices and events. There are photos from years past. This year's race schedule is posted. There are blogs and message boards and lots more. Check it out now!

ANNOUNCEMENTS

The next **Board Meeting** of the club will be on April 20, 2009, 6:30pm at the Paiaina House on Campbell Avenue in Kapahulu (corner of Campbell Ave. and George St.). The meetings are open to all Healani members.

Kanikapila planning is underway and **Mikiala** and **Ta'i** need help getting donations for door prizes. If you can kokua and get door prizes for this event, please call Mikiala at 551-3374 or Ta'i at 372-7402. No donation is too small, so please let us know if you have any leads.

Ho'olale is nearing completion. We have another month of finish work to do and could still use your help. If you have time on Saturdays and Sundays now through the end of April between 10am and 3pm, please come down and help us finish Healani's third koa canoe. Work is being done at Heeia State Park in Kaneohe. Call Napali for more info at 551-0651.

Don't forget about our **Aloha Gas Fundraiser**. If you haven't yet signed up, go to <http://www.alohagas.com/OLCNA.asp?a=70>

and sign up now. You save 3 cents per gallon of gas you purchase and Healani gets 1 cent per gallon.

Club Registration and Clean Up

Healani held our club registration on March 22nd to kick off the new season and welcome back all of our paddlers. We had a great turn out with over 100 members registering and staying to help with cleaning up our practice site. **Aunty Rosie** and her team were well prepared at the registration table. Head Coach, **Kea Paiaina**, was equally prepared and divied out work assignments like a true Master Sargeant. We had the Novice A Women handling registration. We had the Master Men cleaning up the beach. We had the kids pulling weeds. We had **Uncle Junior** sanding 'iako. We had the Novice B Men rigging canoes. Yes, Novice B's rigging canoes! (You can be very impressed with that or very afraid! Just kidding B's...very impressive!) And the Open Women were helping with everything. Everyone had their assignments for the day handed out by Kea, and some took on



This anchor has taken its last toe!



Umph...umph... Ahh cam an!



No worries, Brah. I get 'em.

E Kamu, the anchor's still there.

Oh yah? Come a little closer, Brah.



their own assignments as you can see by the vignette to the left. As always, **Meesh West** took care of the food, assisted by **Tita** and **Ron Lee**. A big mahalo to all of you who came down to register and help out taking care of the place where we all spend lots and lots of our time. With this kind of team effort, Healani Canoe Club will no doubt have a great season this year.

If you still haven't completed your registration forms, you can download them from Healani's website at www.gohealanigo.org or see any of Aunty Rosie's registration team at practice. Someone from the team is always down at the practice site every day.





Meesh wearing the latest in bikini fashion on her birthday.

April Birthdays!

- Meesh West 4/1
- Christy Yomes 4/6
- Tony Nguyen 4/10
- Preston Paaluhi 4/11
- Aunty Rosie Lum 4/13
- Loralei Saito 4/16
- Julia Min 4/17
- Tyson Kaloa 4/18
- Courtney Nakasone 4/22
- Heather Ariola 4/25
- Zachary Loo 4/26
- Victoria Hanohano-Hong 4/26
- BJ Awa 4/27
- Brooke Nolan 4/29
- Kristen Hamada 4/30

Membership Dues and Discounts

We all know what’s happening in today’s economy, and Healani is very sensitive to the impact membership dues can have on everyone’s budget. As a result, this year’s dues have been reduced from last year. **Adult dues (19 yrs old and older) are \$225 and kids dues (18 yrs old and younger) are \$85.** In order to help all the adults with paying dues, each adult will be given 10 kanikapila tickets to sell, which will help to offset \$120 of your dues if you sell them. Pick up your Kanikapila tickets from Mikiala or Ta’i.

In addition, the club is offering two potential discounts on your dues.

1. **Recruitment Discount** - Each member can receive a \$10 discount on dues for every new member they bring to the Club up to \$50 total discount.
2. **Family Discount** - Families can receive a \$10 discount on dues for each family member after the 1st full paying dues member up to \$50 total discount per family.

We hope the reduction in membership dues and these options for reducing your out-of-pocket cost help to reduce the strain on everyone’s budget. If you have any questions, please feel free to ask Aunty Rosie and anyone on her registration team.

May Birthdays!

- Whitney Minamishin 5/1
- Jennifer Kimble 5/3
- Ed Ebert 5/3
- Tracy Ching 5/5
- Ellie Levin 5/5
- Adrian Contreras 5/9
- Lloyd Ganoot 5/12
- Taka Kendall 5/14
- Shawnee Breithaupt 5/16
- Jordan Cuban 5/16
- Jody Jenkins 5/17
- Anushka Faucci 5/18
- Nohealani Miller 5/18
- Matt Grace 5/20
- Shane Hoomanawanui 5/22
- Tracy Spencer 5/24
- Noni Keala 5/24
- LaVerne Behic 5/25
- Cameron Ahana 5/27
- Zachary Kiyonaga 5/28
- Cindy Takazono 5/30
- Erik Lange 5/31

Board of Directors

Clement Paiaina, Jr.
President

Rose Lum
Vice President

Pam Paiaina
Treasurer

Celeste Paiaina
Secretary

Directors

Lisa “Meesh” West

Mikiala Ramler

Naia Ahsam

Robin Nonaka

Ku’ulei “Tita” McGee Lee

Kyle Kennedy-Pocock

Napali Woode

Committee Chairpersons

Kanikapila
Mikiala Ramler, Ta’i Fearon

Registration
Aunty Rosie

Club Day
Celeste Paiaina

Social Committee
Deneen McNicoll

Clement D. Paiaina Regatta
Pam Paiaina

Communications
Napali Woode

Website
Cameron Ahana

Coaches and Practice Schedules

All crews have begun practice. Following lists each division and the respective coach and practice schedule. If you have any questions, please call Head Coach, **Kea Paiana**, at 386-5327.

Youth Ages 12 - 15

Coach Mike Lum Wed, Thur @ 4pm and Sun @ 10am

Novice A & B Women

Coach Aunty Rosie Mon, Tues @ 5:30pm and Sat, Sun @ 7am

Novice A & B Men

Coach Jovan Asuncion Mon, Wed, Fri @ 5:30pm

Open Women

Coach Tad Yamashita Mon, Wed, Thur @ 5:30pm

Open Men

Coach Kea Paiana Tues, Wed, Fri @ 5:30pm

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Important Dates

April 20 - Healani Board Meeting

May 1 - At least 50% of membership dues must be paid

May 22 - 100% of membership dues must be paid

May 24 - Kanikapila at Don Ho's

May 30 - Club Day

June 7 - Clement D. Paiana Regatta, sponsored by Healani Canoe Club

July 24 - Club Banquet at Masa's